

GRACE CHURCH
WEEKEND
AWAY AT
SIZEWELL
HALL

22nd - 24th May 26

WEEKEND PROGRAMME





OVERVIEW

FRIDAY

4pm	Arrive
6pm	Evening meal
8pm	Session 1
9pm	Free time

SATURDAY

8am	Prayer meeting
8.30am	Breakfast
9.45am	Session 2
10.45am	Coffee break
11.30am	Session 3
12.45pm	Lunch
2.30pm	Free Time
4.30pm	Tea break

6.30pm	Dinner
7.30pm	Evening entertainment
9pm	Hot drinks
9.30pm	Late Night Worship

SUNDAY

8am	Prayer meeting
8.30am	Breakfast
9.45am	Session 4
10.45am	Coffee break
11.30am	Session 5
12.30pm	Lunch
2pm	Clear up
3pm	Photo and Depart



ARRIVAL

Arrival is from 4pm on Friday 22nd May

Address for Sat Nav

Sizewell Hall, Sizewell, Leiston, IP16 4TX

Please check in with David (or another team member) when you arrive. They will be in the main Lounge as you come in the front door of the Hall and will let you know your room number and where to go.

KEY INFORMATION

Sizewell Hall will have staff available throughout our stay. Your hosts will be David, Helen, Carla, Jess & Dave, please ask them if you have any questions or need any help!

There is a Lounge, Games Room, Library and Quiet Room. The Lounge is a larger space to sit & chat together. The Games Room has table football, a pool table & table tennis. The Library & Quiet Room are quieter spaces to chill and relax in.

There is a Sports Hall where we can play football, basketball, volleyball, badminton and unihoc. Please wear clean, suitable footwear in the Sports Hall and leave it in the condition you find it.

We also have access to a squash court and an outside hard tennis court. Other outside grassed play areas include a children's play area. Please note: The African Village facilities are out of bounds and not available for our use.



Beds (but not cots) are already made up upon arrival. Each bed is made up with pillowcases, bottom sheets and duvet covers supplied by Sizewell Hall. At the end of your stay, guests are requested to strip the linen from the beds used and place it at the laundry collection point on each corridor.

There are shared bathrooms on each corridor. **Please bring your own towels with you for your stay.**



MEALS

All meals will be in the Dining Room in the Hall.

Friday Dinner

Lasagna with Salad & Garlic Bread

Chocolate Mousse

Saturday Breakfast

English Breakfast, Cereals & Toast with Preserves

Saturday Lunch

Soup & Sandwiches

Saturday Dinner

Roast Chicken with Roast Potatoes & Vegetables,
served with Stuffing & Gravy

Apple Crumble & Custard

Sunday Breakfast

English Breakfast, Cereals & Toast with Preserves

Sunday Lunch

Jacket Potatoes with a selection of Fillings

All dietary requirements will be catered for. All of the above will have vegan & gluten-free alternatives available (TBA on booking).

SNACKS

Parents please be encouraged to bring light snacks with you for the weekend.



SHOP

There is a shop selling a range of items including sweet treats which will be open on Saturday and Sunday Coffee breaks.

ROTAS

We have a wonderful catering team who will be cooking our food for the weekend. However, we will need some help with washing up and serving the meals. If you have been included on the serving or washing up rota then you will be given a copy of the rota and what you need to do on arrival. This can also be found on the noticeboard in the Lounge.

SAFETY INFORMATION

In the unlikely event the fire alarm sounds in the Hall, please leave by the nearest available fire exit and make your way to the evacuation point in front of the house.

Overnight we have allocated Fire Marshals to aid evacuation:

First Floor: TBC

Second Floor: TBC

Please don't wait for them to evacuate you! Make your way to the evacuation point through the nearest available fire exit. Please make yourself known to Helen when you reach the fire evacuation point so she can check you off the list to keep everyone accounted for.

If you need medical assistance during our stay, our first aiders will be confirmed.



Parents, please ensure your children are supervised in and around the sea. Group leaders are responsible for their guests swimming in the sea and Sizewell Hall advise a minimum of 2 lifeguards as there can be very strong undercurrents.

Sizewell Hall has a strict no smoking policy in all buildings, this includes vaping. There is a designated smoking shelter in the grounds opposite the front of the Hall.

CHILDREN & YOUTH

We want the weekend to be a time of growing in faith for adults and children alike, so during most of the main teaching sessions, kids groups will be provided for children aged 0-11 years. Please drop your children from 10 minutes before the start of each session and collect them promptly after the session finishes.

These sessions will be based in the Library. Teens are encouraged to stay in the main sessions.



DETAILED PROGRAMME

All elements are optional, please feel free to dip in and out of the programme to suit you.

FRIDAY

Arrive from 4pm

Find your room. After you have settled in, have a look around and have a chat (or a tour if there is a guide available).

6pm Dinner

8pm Main Teaching Session 1

Paul Lintott will be leading our time together over the weekend.

8pm Kids activity in the library. Please arrive 10 mins before the start of each session to drop them off.

9pm Free time, hot drinks, chill & chat.

A great chance to spend time together to chill out & chat. If it's a bit late for coffee you can grab a hot chocolate. There is a Games Room, Lounge and a quieter space in the Library, or why not take a walk on the beach!

11pm Doors locked

The doors of the Hall will be locked at 11pm. You will still be able to access the side door using a code given when we arrive.



SATURDAY

- 8am Early Morning Prayer
Join us in the Conference Room for a short time of prayer.
- 8.30am Breakfast
- 9.45am Main Teaching Session 2 in the Conference Room.
Kids group will be in the Library.
- 10.45am Coffee Break & Shop Open
There will be self service hot drinks in the lounge.
- 11.30am Main Teaching Session 3 in the Conference Room.
Kids group will be in the Library.
- 12.45pm Lunch
- 2.30pm Free Time
- 4.30pm Coffee Break & Shop Open
There will be self service hot drinks and the shop will be open. The shop sells books, gifts and sweets among other things.
- 6.30pm Dinner
- 7.30pm Evening entertainment organised by the team.
- 9pm Free time, hot drinks, chill & chat.
- 9:30pm Late Night Worship
Come and enjoy acoustic worship session with the band. With the opportunity to pick your own song.



11pm Doors locked

The doors of the house will be locked at 11pm. You will be able to access the side door of the house, if needed, using the code.

SUNDAY

8am Early Morning Prayer

Join us in the Conference Room for a short time of prayer.

8.30am Breakfast in the dining room.

9.45am Main Teaching Session 4 in the Conference Room.

Kids group will be in the Library.

10.45am Coffee Break

11.30am Main Teaching Session 5 in the Conference Room.

Kids will be joining with the adults for this session, colouring and activities provided.

12.30pm Lunch in the dining room.

2pm Clear Up & Pack

3pm Group photo on the steps and depart.

Any questions please ask a member of the team.

See you there!



Sizewell Hall
Floor Plan - Ground Floor





Sizewell Hall

Floor Plan - First Floor



